

**Care for the elderly through the Unified Health System: gerontological reflections***Atención a las personas mayores a través del Sistema Único de Salud: reflexiones gerontológicas**Atendimento à pessoa idosa pelo Sistema Único de Saúde: reflexões gerontológicas***Priscila Moraes de Figueiredo<sup>1</sup>**

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**Introduction:** The research underscores the necessity of a multidimensional approach to healthcare for the elderly, encompassing not only physical aspects but also social and emotional factors that impact the well-being of this population group. The analysis reveals important advances, such as the expansion of Primary Care and the strengthening of the Family Health Strategy, while also highlighting significant obstacles, including the overload of health services, the shortage of professionals trained in geriatrics, and the discontinuity of care between different levels of care.

**Objective:** Reflect on the challenges in providing care to the elderly by the Unified Health System from the perspective of Gerontology.

**Methodology:** To deepen this analysis, Maslow's Data Triangulation was adopted, a method that combines different sources of information to broaden the understanding of the phenomenon studied. In this context, the "findings" refer to documentary evidence extracted from literature and public policies, while "what is said" includes the interpretations and conclusions presented by experts and researchers in the field.

**Results and Discussion:** The results reinforce the urgency of greater coordination between health and social assistance services, in addition to the need for more integrated and patient-centered care models. Strengthening health promotion and disease prevention actions emerges as an essential strategy to ensure healthier and more dignified aging.

**Conclusion:** For the Unified Health System to respond effectively to the demands of the elderly population, it is essential not only to invest in infrastructure and human resources but also to formulate inclusive public policies that ensure equity in access to health and improve quality of life throughout aging.